
PARSHAS HA'AZINU BULLETIN - SEPT 18/19, 2026

From Forest Hill Jewish Centre <info@fhjc.ca>

Date Fri 2026-09-18 8:19 PM

To Rochel Rabinowitz <rochel@frumtoronto.com>

CAUTION: External Email.

The Albert & Temmy Latner Forest Hill Jewish Centre



NEWSFROMTHEHILL
WEEKLY NEWSLETTER



**PARSHAS HA'AZEINU
SHABBOS SHUVA
Rabbi Elie's Parsha Message**

The Tots music program is back

Zmanim

Friday, September 18:

Services 7:04 pm

Candle Lighting 7:04 pm

Shabbos Day, September 19:

Shacharis-Main 9:00 am

Musaf 10:40 am

Guest Speaker Ariella Kamen 11:00 am

Community Kiddush 11:50 am

Q&A with Ariella Kamen 12:45 pm

Mincha 6:35 pm

Rabbi Goodman's Shabbos Shuva Drasha:

"What If We Lived What We Believe? Teshuva Beyond the Surface"

following Mincha

Havdalah 8:10 pm

Weekday Shacharis (Sept 20-25):

Sunday Erev Yom Kippur 8:00 am

Yom Kippur Schedule see graphic below

Tues, Wed, Fri 7:00 am

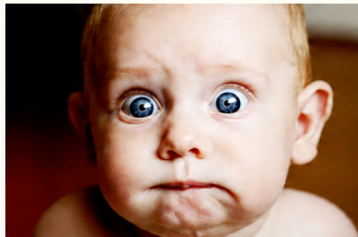
Thursday 6:50 am

Weekday Mincha/Ma'ariv:

5:45 pm

IT'S MEMBERSHIP RENEWAL TIME

**UH OH - WHY HAVEN'T YOU
RENEWED YOUR MEMBERSHIP YET?**



Please call us TODAY.

Rabbi Mordechai 416-845-4119 rabbi.mordechai@fhjc.ca

Nancy 416-483-0883 x0 nancy@fhjc.ca

Renew your membership now



NEWS FROM THE HILL



SEPT 18/19, 2026
8 TISHREI 5787
PARSHAS HA'AZINU

MAZEL TOV!

MICHELLE AND MARC
FACTOR ARE PLEASED TO
ANNOUNCE THE BIRTH OF
A GRANDDAUGHTER, MIA
KAY FACTOR TO PROUD
PARENTS ELYSE AND SAM
FACTOR.

MAZEL TOV TO
GRANDPARENTS MARSHA
AND SHAWN KLERER.



MAZEL TOV!

CODY AND JULIA MILLER ON
THE BIRTH OF THEIR
DAUGHTER, REBECCA MEIRA.

MAZEL TOV TO PROUD
GRANDPARENTS AND GREAT-
GRANDPARENTS, DEENA AND
JEFFREY GAUZE, NATALIE
AND ALVIN MILLER, MONICA
AND JOSEPH GAUZE AND
TOBY KROLL.

SHABBOS SHUVA SPEAKER SPONSORED BY STAN KRAWITZ IN
MEMORY OF HIS FATHER'S Yahrzeit,
LES "ELIEZER" KRAWITZ A'H

KIDDUSH CO-SPONSORED BY CODY AND JULIA MILLER IN
HONOUR OF THE BIRTH OF THEIR DAUGHTER,
REBECCA MEIRA

SHABBOS SHUVA DRASHA SPONSORED BY DEREK ARTHUR



CONDOLENCES

Stan & Rosemary Kitay on the loss
of Stan's father and Marc Kitay on
the loss of his grandfather in
Australia.

**HANNAH ZILBERT'S
RIDDLE:**

Q: What kind of classes do
spiders attend?

A: Webinars!





FOREST HILL
JEWISH CENTRE

Something from Nothing

A journey of faith and miracles
With Ariella Kamen

Shabbos Shuva, September 19th, 2026

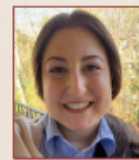
FOREST HILL JEWISH CENTRE

Join us to hear our inspiring speaker on the Shabbos between Rosh Hashanah and Yom Kippur. Born without a uterus, Ariella's dream of motherhood came true through a ground-breaking, miraculous transplant.

SPEAKER SPONSORED by Stan Krawitz in memory of his father's Yahrzeit, Les "Eliezer" Krawitz, A"H

KIDDUSH CO-SPONSOR by Cody and Julia Miller in honour of the birth of their daughter, Rebecca Meira

SHABBOS SHUVA DRASHA SPONSORED by Derek Arthur



**KIDDUSH
CO-SPONSORSHIP
STILL AVAILABLE**



The Forest Hill Jewish
Centre Shabbos Shuva
Drasha with Rabbi
Meir Goodman,
presented between
Mincha and Maariv,
Shabbos afternoon.

SHABBOS SCHEDULE

9:00 AM - Shacharis
10:40 AM - Musaf
11:00 AM - Ariella Kamen
11:50 AM - Kiddush
12:45 PM - Q&A with Ariella Kamen
6:35 PM - Shabbos Day Mincha
Followed by Shalosh Seudos and
Rabbi Goodman's
Shabbos Shuva Drasha
8:10 PM - Havdallah

The Rosh Hashana Newsletter



FOREST HILL
JEWISH CENTRE

HIGH HOLIDAYS | PROGRAMS | COMMUNITY

5787
High Holiday
Newsletter





FOREST HILL
JEWISH CENTRE

YOM KIPPUR

— SCHEDULE —





Yom Kippur Youth Schedule

0-5 YEARS

LOCATION - THE EZRA AND ODETTE AZOURI
CHILDREN'S LEARNING CENTRE (SECOND FLOOR KIDS ROOM)

LARGE ROOM DROP OFF ONLY,
SMALLER ROOM FOR PARENTS WITH CHILDREN

9:00 am / Supervised play begins in classrooms

11:30 am / Circle time

5-12 YEARS

9:00 am / Supervised play begins
BAR AREA

10:30 - 11:10 am / Family service
PARKING LOT TENT

11:15 am - 1:15 pm / Youth Program
GOOSE FAMILY SOCIAL HALL

1:15 - 2:30 pm / Supervised play
BAR AREA

TEENS

10:30 - 11:00 am / Teen service
SECOND FLOOR KOLLEL ROOM

- SUPERVISED PLAY WILL BE AVAILABLE DURING BOTH KOL NIDRE AND NEILA IN THE EZRA AND ODETTE AZOURI CHILDREN'S LEARNING CENTRE CLASSROOMS.
- STROLLER PARKING IS BEHIND THE BUILDING IN THE COVERED PARKING AREA.
- LUNCH WILL BE PROVIDED IN BOTH CHILDREN'S PROGRAMS LOCATIONS.

Tishrei Sponsorship Opportunities

HIGH HOLIDAY SPONSORSHIPS 2026



Your partnership helps ensure that we are able to offer the best in programs and services over the High Holidays. Review the attached and reach out to Rabbi Mordechai to dedicate any of the following.

Mordechai Bookbinder • 416-845-4119 • rabbi.mordechai@fhjc.ca

Rosh Hashanah

- Tent Sponsor for the High Holidays..... **\$10,000**
- Rabbi Elie's Sermon Day 1..... **SOLD**
- Rabbi Elie's Sermon Day 2..... **\$1,000**
- Break Out Classes EACH X3..... **\$180**
- Community Kiddush Day 1..... **SOLD**
- Community Kiddush Day 2..... **SOLD**
- Rosh Hashanah Youth Program..... **\$3,600**
- Youth Staff EACH DAY (X2)..... **\$1,000**
- Youth Kiddush EACH DAY (X2)..... **\$540**
- Tot's babysitting..... **\$500**
- High Holiday Tickets for Another..... **\$360**
- Dedicate the Rosh Hashanah Newsletter... **\$1,800**
- Sponsor our Guest Chazanim..... **\$5,000**
- Flowers for Rosh Hashanah..... **SOLD**
- Kids Prayer Book & Service FOR BOTH DAYS..... **SOLD**

Shabbos Shuva

- Shabbaton featuring Anella Karmel..... **SOLD**
- Mega Kiddush & Simchas Shabbos..... **\$2,800**
- Rabbi Men Goodman's Shabbos Shuva (Kasha during Shalosh Seudos)..... **SOLD**

Yom Kippur

- Rabbi Elie's Kol Nidre Sermon..... **\$1000**
- Rabbi Elie's Pre-Yizkor Drasha..... **SOLD**
- Break Out Classes EACH (X3)..... **\$180**
- Sponsor the Youth program..... **\$1,800**
- Dedicate the Pre-Mincha class..... **\$180**
- Rabbi Elie's Neilah sermon..... **SOLD**
- Sephardi Pesicha for Neilah..... **\$1,000**
- Pesicha for Neilah (\$1000)..... **SOLD**
- Flowers for Yom Kippur..... **SOLD**
- Post Yom Kippur Break-Fast..... **SOLD**
- Youth Prize Sponsorship..... **\$1,800**

Sukkos

- Sponsor the construction of Rabbi Elie's & Rabbi Goodman's Sukkos..... **SOLD**
- Rabbi Elie's Sukkos Sermons (X2)..... **\$540**
- Sukkos Youth Program (X2)..... **\$540**
- Community Kiddush in the Sukkah (X2)..... **\$1,800**
- Men's Sukkos Party at Rabbi Elie's..... **\$1,800**
- Shmini Atzeres Yizkor Drasha..... **SOLD**
- Shmini Atzeres Kiddush..... **\$1,800**
- Kids Simchas Torah Program & Luncheon..... **\$3,000**
- Simchas Torah Kol HaNe'arim Talis..... **\$3,600**
VERY LARGE FOR ALL THE CHILDREN TO FIT UNDER.
- Community Simchas Torah Nighttime Celebration & Kiddush..... **\$5,400**
- Community Simchas Torah Day Time Celebration & Kiddush..... **\$5,400**
- Flowers..... **SOLD**

The Youth Department is looking to enhance its program with some new equipment that is available for sponsorships:

Foosball Table - **\$1,000** / Folding Ping-Pong Table - **\$2,000** / Table Top Rod Hockey - **\$2,500**





SUKKAH

Party

MONDAY
SEPTEMBER 28TH

TUESDAY
SEPTEMBER 29TH

4:15 - 5:15 PM

Families Invited!

FOREST HILL JEWISH CENTER
360 SPADINA RD.

RSVP BY
SEPTEMBER 10TH

Pre-Shabbat

MUSIC CLASS

with Deborah Maes

For Children 0 - 4 yrs and their
Parents / Grandparents / Caregivers

FRIDAYS (CHOOSE YOUR CLASS TIME)
10:15AM-11:00AM OR 11:15-12:00 NOON

FOR MORE INFO NANCY AT NANCY@FHJC.CA
REGISTER AT FHJC.CA/TOTSFALL2026

SEP. 18, 25
OCT. 2, 9, 16, 23, 30
NOV. 6, 13, 20, 27
DEC. 4, 11

\$280 MEMBERS
\$350 NON-MEMBERS
(INCLUDES WEEKLY CHALLAH BUNS)





From Fugitive to Freedom

An evening with

Jack Boeki

Stories of Escape and Espionage.

102 years old. A lifetime of history.



Holocaust Survivor
Liberator
OSS Operative
CIC Agent
World War II Veteran

WEDNESDAY, OCTOBER 21, 2026

7:30 PM

As a Dutch high school student, Jack Boeki outsmarted and outran the Nazis ten times before reaching America. He returned to Europe as a U.S. counterintelligence agent, bringing his enemies to justice. Hear his remarkable firsthand account.

Jack has lived the history you've only heard and read about:



FROM
FUGITIVE
TO
FREEDOM
The Amazing Story of How a Holocaust
Survivor Became a Nazi Hunter
JACK BOEKI & ANNA-LEA BOEKI

- Escaping a transport train bound for a death camp
- working with a U.S. Office of Strategic Services commander to restore communication back to his base in England
- Joining the U.S. Army's Counter Intelligence Corps.
- Landing on Utah Beach on D-Day +2.
- Hunting and interrogating war criminals
- Security detail for General Eisenhower at the Ohrdruf death camp.

Copies of Jack's new book will be available after the talk.

HOLD THE DATE

A SHABBATON WITH

DANIEL M. ROSENBERG

Film & TV Producer - Advertising Executive - Author
Storyteller - Speaker

OCTOBER 30-31, 2026

FRIDAY NIGHT

**How Jews and Israel
Lost the Narrative and
How We Win It Back**

SHABBOS MORNING

Hollywood to *HOLY*wood

FILM & TELEVISION CREDITS

Producer of *Inside Man*, starring Denzel Washington

Senior roles overseeing *Maid in Manhattan*, starring
Jennifer Lopez, and *Mona Lisa Smile*, starring Julia Roberts

THE ALBERT & TERRY LUTHER



FOREST HILL
JEWISH CENTRE

FULL DETAILS TO BE ANNOUNCED SHORTLY



VOLUNTEER IN ISRAEL

Join Rifky Karfunkel and an inspired group of women from the Forest Hill Jewish Centre community in Toronto in this volunteer program in Israel and make a real difference on the ground through hands-on support and service.

November 22-30, 2026

- Roundtrip ticket to Israel
- Volunteering (4-6 hours a day)
- Accommodations in Jerusalem
- 1 night in the North
- Health Insurance
- Daily breakfast + Friday night dinner
- Support Staff
- Ground transportation
- Geopolitical Speaker
- 2 Full day trips: North + South

Apply now: www.israelfreespirit.com/

*Dates are subject to availability with the airlines and may vary slightly from the above dates.

Planning to take the group
flight?

Cost = \$975 (includes a \$25
non refundable fee)

Purchasing your own ticket
to Israel?

Cost = \$275 (includes a
\$25 non refundable fee)



**Join Rifky on a Women's Volunteer Mission
to Israel November 22 - 30, 2026
(for Women 50 and under)**

**Please click above to sign up and submit the \$975
per each person.**

**This does not commit you to the trip. Should the trip
not run or you want to cancel (65 days or more) you
will get a full refund (minus \$25 application fee)**

Being Jewish Today: Jews in Canada Group

By the Jewish Community Mental Health Initiative
(JCMHI)

Starting
9/10/2026

Join us every Thursday at
1:00 PM ET

A group for adult Jews all throughout Canada experiencing antisemitism and dealing with the challenges of being Jewish in today's climate.

This is a **free, virtual group** and no commitment is necessary.

Register at [JCMHI.com](https://jcmhi.com) to join a group or learn more!

Email admin@jcmhi.com if you have any questions.

Disclaimer: Facilitated by mental health professionals but groups are not Psychotherapy.



Rebuilding After Spousal Loss

For men and women who have lost a spouse or partner in the last 5-24 months.

To provide participants with an opportunity to explore within a safe and supportive environment, withdrawing their emotional energy from their grief and reinvesting it in other areas of their lives, such as relationships and/or activities. To give participants educational material and strategies that focus on rebuilding and help them to move forward.

Objectives:

- To understand and normalize rebuilding one's life while managing other aspects of the grieving process.
- To provide a mutually supportive setting that enables participants to examine their own thoughts, feelings and behaviours.

- To help participants find new meaning and foster an environment to live purposefully while rebuilding.



Rebuilding After Spousal Loss—Ages 50-69

For men and women, ages 50-69, who have lost a spouse or partner within the last 5-24 months.

To provide participants with an opportunity to explore within a safe and supportive environment, withdrawing their emotional energy from their grief and reinvesting it in other areas of their lives, such as relationships and/or activities. To give participants educational material and strategies that focus on rebuilding and help them to move forward.

Objectives:

- To understand and normalize rebuilding one's life while managing other aspects of the grieving process
- To provide a mutually supportive setting that enables participants to examine their own thoughts, feelings and behaviours
- To help participants find new meaning and foster an environment to live purposefully while rebuilding.



8 In Person Sessions | Wednesday September 23 - November 25, 2026

6:30 - 8:30 pm

Jewish Family and Child Service | 4600 Bathurst Street | Lipa Green Centre

JF&CS strives for inclusivity in all its programs, serving community members of any income, family structure, ability, sexual orientation, gender identity, religious affiliation, level of observance, race, ethnicity, cultural identity and place of origin.

For more information or to register, please call 416.638.7800 x 6234



Register online! www.jfandcs.com
www.facebook.com/jfandcs



UJA FEDERATION
of Greater Toronto



United Way
Greater Toronto



Ontario

Ages 50-69:

Open for registration - beginning Wednesday, Sept 23 | 6:30-8:30 pm

In person | Lipa Green Centre

Rebuilding After Spousal Loss—Age 70+

For men and women, age 70+, who have lost a spouse or partner within the last 5-24 months.

To provide participants with an opportunity to explore within a safe and supportive environment, withdrawing their emotional energy from their grief and reinvesting it in other areas of their lives, such as relationships and/or activities. To give participants educational material and strategies that focus on rebuilding and help them to move forward.

Objectives:

- To understand and normalize rebuilding one's life while managing other aspects of the grieving process
- To provide a mutually supportive setting that enables participants to examine their own thoughts, feelings and behaviours
- To help participants find new meaning and foster an environment to live purposefully while rebuilding.



8 In Person Sessions | Thursday September 24 - November 26, 2026

1:30 - 3:30 pm

Jewish Family and Child Service | 4600 Bathurst Street | Lipa Green Centre

JF&CS strives for inclusivity in all its programs, serving community members of any income, family structure, ability, sexual orientation, gender identity, religious affiliation, level of observance, race, ethnicity, cultural identity and place of origin.

For more information or to register, please call 416.638.7800 x 6234



Register online! www.jfandcs.com
www.facebook.com/jfandcs



UJA FEDERATION
of Greater Toronto



United Way
Greater Toronto



Ontario

Ages 70+:

Open for registration - beginning Thursday, Sept 24 | 1:30-3:30 pm

In person | Lipa Green Centre

1 in 3 Canadians Report Struggles with Mental Health

Have you been feeling down, sad, blue?



Are You Someone Who:

- Is between 40-75 years of age?
- Think you may be depressed?
- Is not currently using mood, sleep, or recreational drugs?

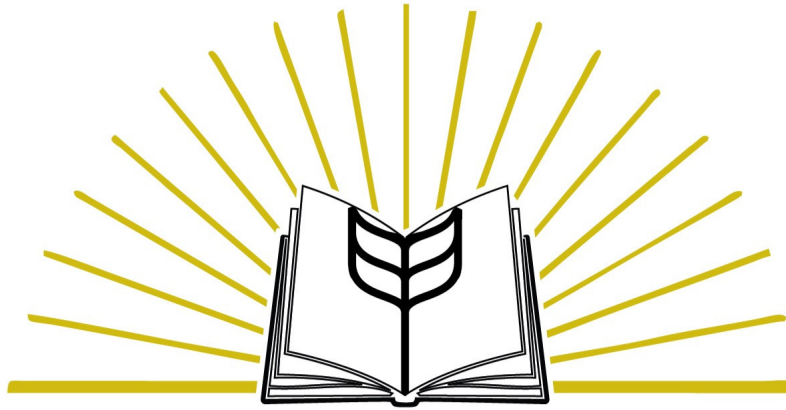
You May Be Eligible for FREE Virtual Cognitive Behaviour Therapy (CBT)* for Depression

We are offering eligible participants free CBT while studying how the brain responds to therapy using advanced imaging. Participation involves twelve 50-minute CBT weekly sessions and two visits to Baycrest for brain scans and related assessments.

Baycrest

To learn more, please email:
cbtTrial@research.baycrest.org

¹CBT is an evidence-based, gold standard talk therapy for depression.



FOREST HILL

COMMUNITY KOLLEL




THURSDAY NIGHT WITH THE KOLLEL

MORE EXCITING THAN EVER WITH SOMETHING FOR EVERYONE!

AMAZING LEARNING OPTIONS / 8 - 9 PM

WEEKLY WISDOM WITH YY:
Receive a deeper understanding
of the parsha
WITH RABBI YY GREEN

OPEN ONE ON ONE LEARNING:
Come yourself or
join us with a chavrusa

★ BEER AND CHOLENT ★
9:00 - 9:45 PM

FEATURING RABBI YY'S
AWARD WINNING CHOLENT,
DIVREI TORAH, AND
MUSICAL GUESTS!

**AWARD
WINNING
CHOLENT!**

i FOR MORE INFORMATION, OR IF YOU ARE LOOKING
FOR A CHAVRUSA, PLEASE CONTACT
RABBI ELI KUHNREICH AT
RABBIKUHNREICH@FORESTHILLKOLLEL.CA

We're excited to be back for another incredible season of Thursday nights at the Kollel!

 8:00 PM

- * Shabbos Malkasa with R' Goodman
- * Parsha class with R' YY Green
- * One-on-one learning

  9:00 PM

Beer, Cholent & Singing!

We'd love to see you there!



FOREST HILL
COMMUNITY KOLLEL

שבת מלכתא

SHABBOS MALKESA

A Shiur on
Rabbi Pincus' Classic Book
on Shabbos

*Experience Shabbos
in a whole new light.*

WITH
RABBI GOODMAN

THURSDAY EVENINGS

8:00–9:00 PM



Weekly Wisdom **WITH YY**

Get a deep understanding
of the **parsha** with **practical life lessons**.



❧ **THURSDAY NIGHT** ❧
IN THE KOLLEL
8–9 PM

This message was sent to Rochel@frumtoronto.com by The Forest Hill Jewish Centre, 360 Spadina Road, Toronto, ON M5P2V4

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