Clanton Park Weekly Bulletin

קהל מחזיקי הדת
CLANTON PARK
synagogue

פרשת לך לך

October 24th, 2026
13 Cheshvan 5787

קהל מחזיקי הדת
CLANTON PARK
synagogue

FRIDAY EVENING		
Candle Lighting		6:03pm
Mincha/Kabbalas Shabbos	*Main Shul*	6:05pm
SHABBOS		
Hashkama Minyan	*Downstairs*	7:45am
Parsha Shiur with Rabbi Spitz	*Main Shul*	8:30am
Shacharis *Guest Speaker: Rabbi Ori Ezra* *In honour of Nefesh B'Nefesh Shabbat of Aliyah*	*Main Shul*	9:00am
Teen Minyan	*Downstairs*	9:30am
Kiddush	*Social Hall*	Following Shacharis
Daf Yomi with Shia Sochaczewski	*Main Shul*	4:55pm
Mincha	*Main Shul*	5:55pm
Shalosh Seudos *Guest Speaker: Rabbi Noah Sonenberg*	*Social Hall*	Following Mincha
Maariv	*Main Shul*	7:05pm
Havdalah/Rabbeinu Tam		7:10pm/7:32pm

Weekday Davening Schedule: October 25th-30th						
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Earliest Tallis & Tefillin	6:45am	6:47am	6:48am	6:49am	6:50am	6:50am
Shacharis	8:15am	6:50am/7:10am 8:10am	6:50am/7:20am 8:10am	6:50am/7:20am 8:10am	6:50am/7:10am 8:10am	6:50am/7:20am 8:10am
Plag Mincha/Maariv	4:55pm	4:55pm	4:55pm	4:55pm	4:55pm	x
Shkia Mincha/Maariv	6:05pm	6:05pm	6:05pm	6:05pm	6:05pm	5:55pm

Weekly Shiurim	
Shabbos Hashkama Shiur with Rabbi Mann	Shabbos Morning: Following Hashkama
Shabbos Parsha Shiur with Rabbi Spitz	Shabbos Morning: 8:30am
Semichas Chaver Program with Rabbi Spitz & Rabbi Mann	Sunday Morning: 9:00am
Sefer Shmuel with Rabbi Spitz	Monday Evening: Following Shkia Mincha/Maariv
Contemporary Halacha Shiur for Women with Rabbi Mann	Tuesday Evening: 8:00pm
Contemporary Halacha Shiur for Men with Rabbi Mann	Wednesday Evening: Following Shkia Mincha/Maariv
Parsha Shiur for Women with Rabbi Spitz	Wednesday Evening: 8:15pm
Parsha Shiur for Women with Rabbi Spitz	Thursday Morning: 10:45am
Daf Yomi & Amud Yomi	
Daf Yomi (Yiddush) with Rabbi Reich	Sunday-Friday 6:00am
Daf Yomi (English) with Ari Braun	Monday-Friday 6:10am, Sunday 7:00am
Amud Yomi with R' Chaim Kaplan	Sunday-Thursday 8:00pm

MAZEL TOV

Mazel Tov to **Paul & Chavi Jacobs**
on the marriage of their granddaughter, Racheli, daughter of Dr. Avi & Elyan Rosenbaum,
to Gavi Rothenberg, son of Scott & Chedva Rothenberg of Passaic
May Gavi & Racheli build a בית נאמן בישראל

KIDDUSH SPONSORED BY:

Nefesh B'Nefesh Israel

Ephraim & Sherry Nussbaum
to commemorate the yahrzeit of Ephraim's father, Shmuel ben Dovid z"l

SHABBOS YOUTH GROUPS

Rabbi Ari & Karen Sitnick
to commemorate the yahrzeit of Ari's father, Dov ben Chaim z"l

WEEK OF LEARNING SPONSORED BY:

Steve & Lori Frenkiel
to commemorate the yahrzeit of Steve's father, Shmuel ben David Chaim z"l

Michael & Marsha Lax
to commemorate the yahrzeit of Michael's mother, Lea bas Tuvia z"l

Ephraim & Sherry Nussbaum
to commemorate the yahrzeit of Ephraim's father, Shmuel ben Dovid z"l

Aryeh & Chana Samuel
to mark the 84th Yahrzeit of four of Aryeh's great grandparents,
Reb Tzvi Hirsh & Sima Kleinberg and Reb Dov Beryl & Miriam Reizel Baum
who were murdered at Treblinka by the Nazis on the 16th of Cheshvan
May their Neshamas have an Aliyah

YAHRZEITS

Hebrew Date	*English Date*	*Mourner*	*Relationship*	*Deceased Name*
13 Cheshvan	October 24	Ephraim Nussbaum	Father	Shmuel ben Dovid
13 Cheshvan	October 24	Michael Lax	Mother	Lea bas Tuvia
14 Cheshvan	October 25	Judy Magder	Sister	Rifka bas Yitzchak Zev HaLevi
17 Cheshvan	October 28	Esther Sturm	Mother	Grace Weil
18 Cheshvan	October 29	Debbie Posner	Father	Moshe ben Yaakov
18 Cheshvan	October 29	Ari Sitnik	Father	Dov ben Chaim
18 Cheshvan	October 29	Steve Frenkiel	Father	Shmuel ben David Chaim
19 Cheshvan	October 30	Avrum Brandt	Mother	Leah bas Avraham

נפש Nefesh
בנפש B'Nefesh

SHABBAT LECH LECHA IS

SHABBAT OF ALIYAH



CPS
YOUTH GROUPS

Parshas Lech Lecha



PARSHA RIDDLES AND RAFFLE!





CHARM BRACELETS

FOR GIRLS GRADES 1-6



SPORTS GAMES

FOR BOYS GRADES 1-6



NEW INITIATIVE!

DAVENER OF THE WEEK

GETS A PRIZE!

WE WOULD LOVE TO SEE EVERYONE IN GROUPS!

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WEEKLY PARSHA SHIUR

with Rabbi Spitz

SHABBOS MORNING
8:30AM
MAIN SHUL

Resumes This Shabbos
Parshas Bereishis
October 10th, 2026

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keewee-design.com



Semichas Chaver

REVOLUTIONIZE YOUR TORAH LEARNING!

Learn and remember for years to come the most common halachos that arise daily.

Transform your Shabbat table with weekly take home Q&A's and comics.

Understand the ethical & philosophical background of the halachos.

New Zman New Topic!
Hafrashas Challah, Terumah & Ma'aser

RECEIVE SEMICHAS CHAVER CERTIFICATE signed by:



HAGAON RAV NEVENTZAL SHLIT"A AND RASHI.EZ RAV AMAR SHLIT"A HAGAON RAV SCHACHTER SHLIT"A

קהל מחזיקי הדת
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Where & When?
Clanton Park Synagogue.
Sundays 9.00am. Starting Oct 11th

Given by: **Rabbi Zev Spitz** and **Rabbi Yehuda Mann**

SCP
SEMICHAS CHAVER PROGRAM

Semichas Chaver Program (SCP) founded by Rav Elyada Goldwicht

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בית מדרש זכרון דוד
MIDRASH ZICHRON DOV

קהל מחזיקי הדת
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PRESENT

Practical Halacha Shiur for Women



with
Rabbi Yehuda Mann

Tuesdays at 8:00 PM
STARTING OCTOBER 13TH

Location:
Clanton Park Synagogue

TOPIC:

הלכות שבת

Very important this year that we missed shofar and lulav because of Shabbos — we have to show that Shabbos matters to us!

FEATURING FASCINATING TOPICS:

- What should you do with lechem mishne if you're gluten free?
- Can women do kiddush for themselves?
- Can women do havdalah for themselves?
- Can you hear havdalah over the phone or a microphone?
- Can you use beer, scotch, or grape juice for havdalah?
- Can you use a plastic cup for kiddush or havdalah?

WEISFELD FAMILY CHARITABLE FOUNDATION
קרן ויספלד בינלאומית

SPONSORED BY THE
WEISFELD FAMILY CHARITABLE FOUNDATION

RESTARTING OCTOBER 8TH
NEW TIME 10:45AM

Parsha Perspectives

WEEKLY PARSHA SHIUR FOR WOMEN WITH RABBI SPITZ

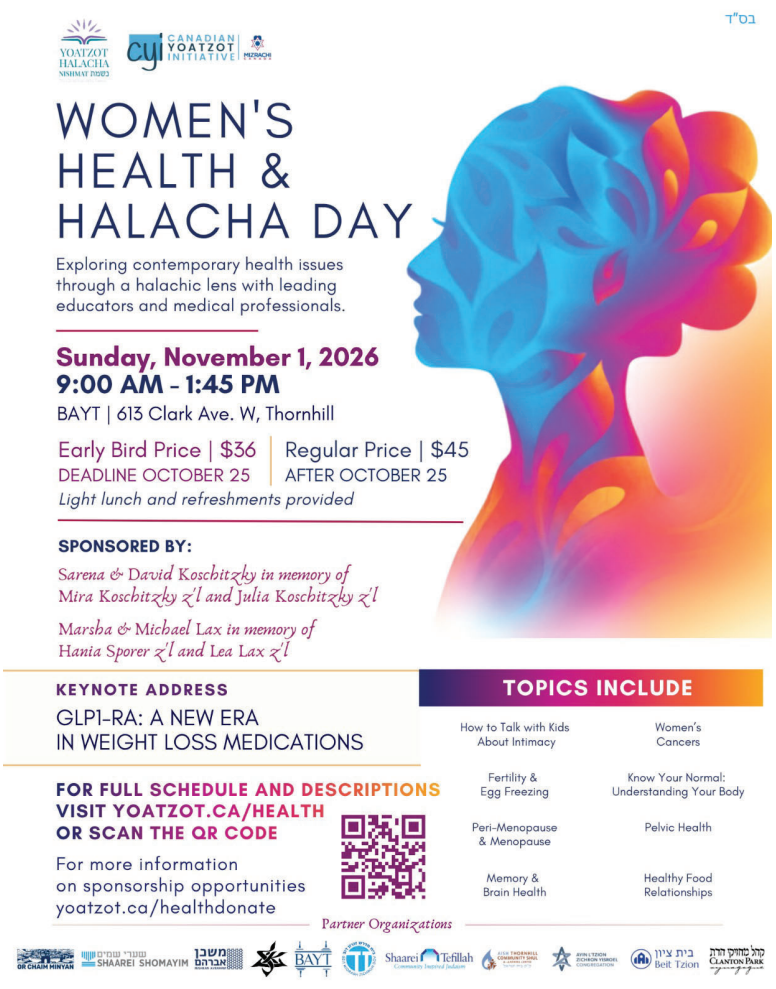
THURSDAY MORNINGS
10:45-11:30AM

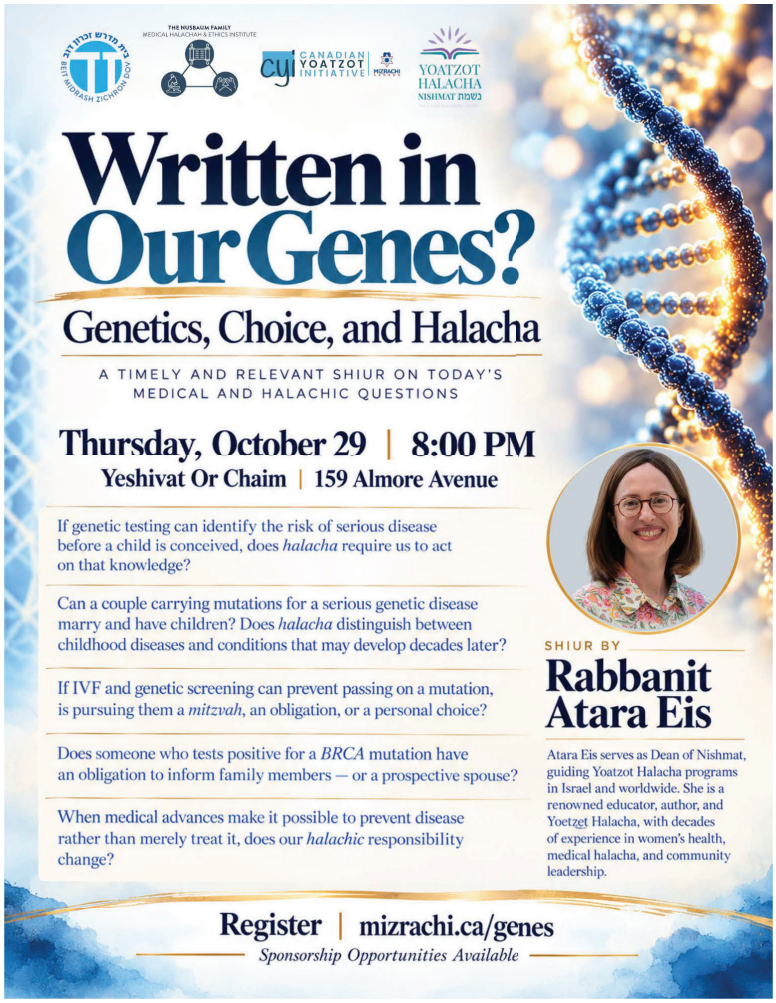
CPS DOWNSTAIRS

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Rabbi Frand's
PARSHA HA'SHAVUA
HALACHA & HASHKAFA
SCHEDULE
THURSDAY NIGHTS AT 9PM
ALL TIMES 9pm EXCEPT WHEN NOTED
AUGUST
13 20 27 2026
SEPTEMBER
3 10 17* 2026
*Teshuva Drasha 8pm
OCTOBER
8 15 22 2026
NOVEMBER
5 12 19 26 2026
DECEMBER
3 10 17 24 31 2026
JANUARY
7 14 21 28 2027
FEBRUARY
4 11 18 25 2027
MARCH
4 11 18 25 2027
APRIL
1 8 15 2027
MAY
6 13 20 27 2027
JUNE
3 17 24 2027
JULY
1 8 15 2027
TCN
Bringing Live Torah Lectures to Your Community
TO TAKE PLACE AT
Click HERE


Rabbi Reisman's
NAVI SHIUR
SCHEDULE
MOTZEI SHABBOS
OCTOBER '26
10 17 24 31 9:00PM
NOVEMBER '26
7 14 21 28 7:30PM
DECEMBER '26
5 12 19 26 7:30PM
JANUARY '27
2 9 16 23 30 7:30PM
FEBRUARY '27
6 13 20 27 8:00PM
MARCH '27
6 13 8:30PM
MARCH '27
20 27 9:30PM
APRIL '27
3 10 10:00PM
APRIL '27
17 24 10:15PM
MAY '27
1 8 15 22 29 10:30PM
JUNE '27
5 10:45PM
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בס"ד
YOATZOT HALACHA NISHMAT
CYI CANADIAN YOATZOT INITIATIVE
WOMEN'S HEALTH & HALACHA DAY
Exploring contemporary health issues through a halachic lens with leading educators and medical professionals.
Sunday, November 1, 2026
9:00 AM - 1:45 PM
BAYT | 613 Clark Ave. W, Thornhill
Early Bird Price | $36
DEADLINE OCTOBER 25
Regular Price | $45
AFTER OCTOBER 25
Light lunch and refreshments provided
SPONSORED BY:
Sarena & David Koschitzky in memory of Mira Koschitzky z'l and Julia Koschitzky z'l
Marsha & Michael Lax in memory of Hania Sporer z'l and Lea Lax z'l
KEYNOTE ADDRESS
GLP1-RA: A NEW ERA IN WEIGHT LOSS MEDICATIONS
TOPICS INCLUDE
How to Talk with Kids About Intimacy
Women's Cancers
Fertility & Egg Freezing
Know Your Normal: Understanding Your Body
Peri-Menopause & Menopause
Pelvic Health
Memory & Brain Health
Healthy Food Relationships
FOR FULL SCHEDULE AND DESCRIPTIONS VISIT YOATZOT.CA/HEALTH OR SCAN THE QR CODE
For more information on sponsorship opportunities yoatzot.ca/healthdonate
Partner Organizations
OR CHAIN MINYAN
SHAAREI SHOMAYIM
משכן אברהם
BAYT
Shaarei Tefillah
בית ציון Beit Tzion
CLANTON PARK


בית מדרש זכרון דוד
BET MIDRASH ZICHRON DOV
THE NUSBAUM FAMILY MEDICAL HALACHAH & ETHICS INSTITUTE
CYI CANADIAN YOATZOT INITIATIVE
YOATZOT HALACHA NISHMAT
Written in Our Genes?
Genetics, Choice, and Halacha
A TIMELY AND RELEVANT SHIUR ON TODAY'S MEDICAL AND HALACHIC QUESTIONS
Thursday, October 29 | 8:00 PM
Yeshivat Or Chaim | 159 Almore Avenue
If genetic testing can identify the risk of serious disease before a child is conceived, does halacha require us to act on that knowledge?
Can a couple carrying mutations for a serious genetic disease marry and have children? Does halacha distinguish between childhood diseases and conditions that may develop decades later?
If IVF and genetic screening can prevent passing on a mutation, is pursuing them a mitzvah, an obligation, or a personal choice?
Does someone who tests positive for a BRCA mutation have an obligation to inform family members — or a prospective spouse?
When medical advances make it possible to prevent disease rather than merely treat it, does our halachic responsibility change?
SHIUR BY
Rabbanit Atara Eis
Atara Eis serves as Dean of Nishmat, guiding Yoatzot Halacha programs in Israel and worldwide. She is a renowned educator, author, and Yoetzet Halacha, with decades of experience in women's health, medical halacha, and community leadership.
Register | mizrachi.ca/genes
Sponsorship Opportunities Available

B"H

TORONTO MUNICIPAL ELECTION 2026

ELECTION DAY OCTOBER 26

At a time when Jewish families are facing serious affordability pressures, concerns about public safety, and growing antisemitism in our city, it is critical that our community makes its voice heard.

Please learn about all the candidates on your ballot, not only for Mayor, but for your local Councillor and School Board Trustee as well. Even if your children don't attend public school, our school system helps shape the next generation of Torontonians who will live, work and build this city alongside us.

Election Day is Monday, October 26, from 10 AM to 8 PM.

To find your voting location and other voter information, visit **myvote.toronto.ca.**

EVERY VOTE COUNTS!

Go to **myvote.toronto.ca** to find out where to vote in your ward.

OCTOBER 26

Need help or have questions?
Contact Yossi: +1 437-684-2430
Email: vote@geshercanada.ca

GESHER
THE ORTHODOX JEWISH ADVOCACY COUNCIL