

SHABBAT MATTERS

Friday, October 9

6:26 pm Candle Lighting
Earliest 5:34 pm
6:35 pm Mincha and
Kabbalat Shabbat

*The molad for Cheshvan will be
Sunday, October 11, at 9:43 am and
2 chalakim*

Shabbat, October 10

7:30 am Hashkama Minyan: Beit Midrash
9:00 am Shacharit: Sanctuary - Rabbi Taylor
with an address by Melanie Phillips
9:00 am Shacharit: Sisterhood - Rabbi Diamond
9:30 am Shacharit: Beit Midrash
9:45 am Youth Programs: Classrooms
9:45 am Teen Minyan: Lower Level Social Hall A
10:14 am Latest time to say Shema
Kiddush* in the Sisterhood Hall
Shiur with Prof. David Novak 15 minutes
after Kiddush starts

5:40 pm Pre-Mincha Shiur: Rabbi Taylor
6:10 pm Mincha: Sanctuary
6:30 pm Seudah Shlishit** with a D'var Torah
by Gale Borison-Socken
7:29 pm Shabbat Ends
9:15 pm Melave Malka with Melanie Phillips
by registration only

*Meat

**Pareve from Meat Kitchen

Torah Reading:

Bereshit 1:1-6-8
Hertz P. 2
Stone P. 2

Haftarah:

I Shmuel 20:18-42
Hertz P. 948
Stone P. 1207

This Shabbat, we welcome Scholar-in-Residence, **Melanie Phillips**, British journalist, author and commentator. She will be addressing the congregation after morning services and join us for a Melave Malka.

MAZEL TOV

- **Eric & Sora Goldfarb** on the birth of a baby boy. Proud grandparents are **Lydia & Jeff Goldfarb** and Rabbi Shaul & Chana Rosenblatt of England. Excited big brother is Mordechai. Thrilled great grandparents are Stan Goldfarb, Irwin & Joanne Asher of New Jersey, and Issachar & Esther Granitsky of Israel. Mazel Tov to all the excited uncles, aunts and cousins.
- **Emily & Koby Welman** on the birth of a girl, Chana Mushka. Proud grandparents are **Stewart & Danielle Turk** and Allen & Donna Welman. Excited big brother is Mark. Thrilled aunts and uncles are **Sean Turk & Alex Kruger, Sarah & Baruch Harari, Jamie & Jacquie Turk**, Shira Welman & Yoni Freiling, and Avi & Oona Lieberman. Thrilled great grandparents are Clara Turk and Shirley Amar.
- **Peter & Carol Seidman** on the Bar Mitzvah of their grandson, Jonah, son of Sarena Seidman. Mazel Tov to big brother Dylan and proud uncles J.Troy Seidman and Joshua Wiersma.
- **Lorraine Hanser** on the marriage of her grandson Jordan Hanser, son of Jon & Sari Hanser to Shayla Esakov, daughter of Howard & Joanne Esakov. Happy siblings are Samantha & Jesse Schwartz, Adam Hanser & Eric Esakov. Proud grandparents are Isobel & Shelly Kideckel, Beulah Esakov, and Lorraine Bramson.
- **Linda Levenstein** and Tania Treiguer on the birth of a great-granddaughter, Lily, to born to Ayala Lesser & Gabriel Treiguer. Excited grandparents are Carol & Stewart Lesser and Simao Treiguer.

TODAH RABAH TO OUR SPONSORS:

SEUDAH SHLISHIT

Gale Borison-Socken & David Socken & Family in commemoration of the yahrzeit of Gale's mother, Shirley Borison^{z"l} & David's father, Harry Socken^{z"l}

SHABBAT MATTERS

Eli Klein & Miriam Erlichman in commemoration of the yahrzeit of Eli's brother, Bernard Klein^{z"l}

RABBI'S CHARITY FUND

Miriam & Ivan Koval in commemoration of the yahrzeit of Miriam's mother, Esther Chajle Felsen Brandys^{z"l}

Marla Orbach & Family in commemoration of the yahrzeit of Marla's father-in-law, Zwi Orbach^{z"l}

MACHZOR

Miriam & Ivan Koval in commemoration of the yahrzeit of Miriam's mother, Esther Chajle Felsen Brandys^{z"l}

Sponsor a Kiddush!

Our enhanced Kiddush has become a wonderful part of Shabbat mornings at Shaarei Shomayim. To continue offering the Kiddush at its current level, we need the support of additional sponsors. Please consider sponsoring and help us continue this special part of Shabbat. Please contact the Shul Office.

שַׁעֲרֵי שְׁמַיִם
SHAAREI SHOMAYIM

Melanie Phillips



Shabbat, October 10, 2026

11:10 am (approx) Speaking after Mussaf at Shaarei Shomayim

Melanie Phillips is a British journalist, author and commentator who writes for *The Times* and leading Jewish publications. A prominent voice on Israel, Zionism and contemporary antisemitism, she is known for her defence of Israel, Jewish self-determination and Western liberal-democratic values. She is the author of several books, including *Londonistan* and her latest, *Fighting the Hate: A Handbook for Jews Under Siege*.

In recognition of Aaron Rifkind's miraculous recovery, sponsored by

*The Silber Family, Mark & Missy Greenberg • Ian Kessler & Davida Shiff
Harry Krakowsky & Golda Brown • Brian & Brenda Lass • David Mansell & Naomi Rifkind
Jack & Eleanor Mintz • Mitchell & Leah Lerner • Yigal Rifkind • Jacob Rifkind & Rachael Cohen
Randy & Donna Starkman-Shiff • David & Bernice Walerstein*

*Ivan & Miriam Koval • Aaron & Bertha Lang • Mendy & Marilyn Maierovitz • Joseph & Lee Minkowitz
Eric & Estelle Ohayon • Rabbi Sam & Emma Taylor • Ies & Ruth Van Messel • George & Florence Weinberger*

TORAH MATTERS

Sunday, October 11 / 30 Tishrei Rosh Chodesh Cheshvan I	8:30 am 6:20 pm	Shacharit Mincha/Maariv	7:45 am Daily Gemara Shiur - Sotah (Beit Midrash & Zoom)
Monday, October 12 / 1 Cheshvan Rosh Chodesh Cheshvan II Stat Holiday	8:30 am 6:20 pm	Shacharit Mincha/Maariv	7:45 am Daily Gemara Shiur - Sotah (Beit Midrash & Zoom)
Tuesday, October 13 / 2 Cheshvan	7:15 am 6:20 pm	Shacharit Mincha/Maariv	6:30 am Daily Gemara Shiur - Sotah (Beit Midrash & Zoom)
Wednesday, October 14 / 3 Cheshvan	7:15 am 6:20 pm	Shacharit Mincha/Maariv	6:30 am Daily Gemara Shiur - Sotah (Beit Midrash & Zoom)
Thursday, October 15 / 4 Cheshvan	7:10 am 6:20 pm	Shacharit Mincha/Maariv	6:30 am Daily Gemara Shiur - Sotah (Beit Midrash & Zoom)
Friday, October 16 / 5 Cheshvan	7:15 am 6:14 pm 6:20 pm	Shacharit Candle Lighting (earliest 5:25 pm) Mincha/Maariv	6:30 am Daily Gemara Shiur - Sotah (Beit Midrash & Zoom)

Kriyat Shema should be repeated after 7:24 pm this week.

PARSHA MATTERS by RABBI ELLIOTT DIAMOND

Letting Go

Kayin's punishment after killing his brother Hevel is described with the words "na va-nad tiheyeh ba-aretz" — "you will be a wanderer upon the earth." He would live without the security of ever feeling completely settled. Perhaps there is something deeper in those words.

Kayin's tragedy began when life did not turn out the way he thought it should. His offering was rejected while his brother's was accepted. Instead of absorbing the disappointment and asking what he could learn from it, Kayin allowed his resentment to consume him.

There is a little bit of that temptation in all of us.

Life is filled with disappointments, slights and moments when we feel we have not received the appreciation, recognition or fairness we deserve. And sometimes we need to speak up. But not every slight requires a response, and not every injustice needs to become a battle.

If we insist on correcting every wrong, responding to every comment and fighting for every bit of recognition we believe is coming to us, we can become na va-nad — emotionally restless, constantly moving from one grievance to the next.

There is a certain peace that comes from knowing what to let go.

Perhaps one of the lessons of Kayin is that contentment does not come from finally arranging life exactly the way we want it. It comes from learning to live graciously even when life is imperfect.

Every time we recite the words "Ose Shalom Bimromav," we take three steps back. To live with "shalom", even peace of mind, sometimes we need to step away.

YOUTH MATTERS

Schedule

9:45 am: Youth Groups
10:30 am: Davening, Kiddush and Parsha (Grades 1-6)
11:00 am: Circle Time - Stay N Play & JK/SK
11:30 am: Youth Groups Conclude

Rooms

Stay N Play: 101 JK/SK: 102 | Boys Hockey & Sports: Room 103
Boys Quiet Games: Room 106 | Girls Grades 1-3: Room 105
Grades 4-6 Girls (Parsha Chat): Youth Lounge



A Taste of Shabbos!

Join us

Friday, October 16, 2026

5:35 pm - 45 Minutes Before
Kabbalat Shabbat in the Lobby

Kids are welcome!



Sponsored by Stewart & Danielle Turk and Family
and Eric & Sora Goldfarb and Family

Special Kiddush

In honour of our Past-President
Mendy Maierovitz



Shabbat Parshat Noach
October 17, 2026

Join us as we recognize
and thank Mendy for
his leadership and
tireless dedication to
our shul and
community.

Contribute:

shomayim.org/form/mendykiddush

OY CANADA!

SHAAREI SHOMAYIM LUNCH & LEARN

WHAT IT'S BEEN LIKE COVERING CANADIAN
AND ISRAELI NEWS SINCE OCT. 7



ELLIN BESSNER

Ellin Bessner is a Canadian journalist based in Toronto. She hosts The CJN's podcast *North Star*: it's a bite-sized look at news about Canada's Jewish community for the *Canadian Jewish News*, where she is also a print journalist. Ellin is the author of a book about Canada's 17,000 Jewish servicemen and women who fought in the Second World War "Double Threat: Canadian Jews, the Military, and World War II", was published by the University of Toronto Press (2019).

TUESDAY, OCTOBER 20, 2026 AT 12 PM

\$20 MEMBERS | \$27 NON-MEMBERS

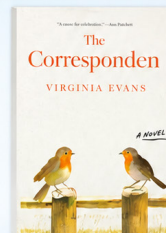
[SHOMAYIM.ORG/EVENT/OYCANADA](https://shomayim.org/event/oycanada)

Book Club 2026-2027

Meetups at 2:00 pm

TUESDAY,
OCTOBER

20



The Correspondent
by Virginia Evans

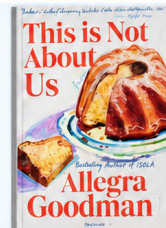


Reviewed by
Tina Urman

shomayim.org/event/bcoct2026

TUESDAY,
NOVEMBER

24



This is Not About Us
by Allegra Goodman



Reviewed by
Dr. Janna Nadler

shomayim.org/event/bcnov2026

WEDNESDAY,
MAY

5



Happy New Years
by Maya Arad



Reviewed by
Dr. Sara Horowitz

shomayim.org/event/bcmay2027

Cost per session: Member \$15/person | Non-member \$20/person

TORONTO MUNICIPAL ELECTION

B"H



Mayor



City Council



School Board
Trustees

With voter turnout at record lows, a united, organized community can decide races that come down to a few hundred votes. We did it in 2025 when we won Eglinton/Lawrence by 167 votes! With affordability, antisemitism and community safety all riding on this vote, we can't afford to sit it out.

EVERY VOTE COUNTS!

Mark your calendar now. Election Day is Monday, October 26!



Go to <https://myvote.toronto.ca/home> to find out where to vote.
Need help or have questions?

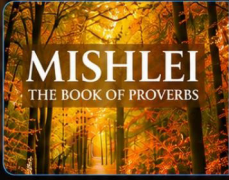
Contact Yossi: +1 437-684-2430
Email: vote@geshercanada.ca





WEEKLY SHIURIM

RETURNING AS OF OCTOBER 19



Mishlei Shiur with Rabbi Sam Taylor

 Mondays at 9:30 am

 Zoom



Rabbi Elliott Diamond's Parshat HaShavua Shiur

 Tuesdays at 8 pm

 Zoom



Mishna Berura Shiur with Rabbi Sam Taylor

 Wednesdays at 9 pm

 In-person – Weinbaum Beit Midrash



Contact the Shul Office for Zoom links



בס"ד



THE WEINBAUM FAMILY
SCHOLAR IN RESIDENCE SERIES

RABBI MICHAEL LAITNER

**Shabbat, October 24-25, 2026
Parashat Lech-Lecha**

Rabbi Michael Laitner works as the Head of Research at the Rabbi Sacks Legacy, where he is engaged in analyzing archive material and preparing it for publication and as Director of Education for the United Synagogue of Great Britain. He particularly enjoys teaching Jewish history, values and law through a contemporary lens. His lively style helps participants to improve their own study and knowledge skills. He has served in rabbinic roles at South Hampstead, Finchley (Kinloss) and Golders Green Synagogues and is a non-practising solicitor.

Shabbat Night D'var Torah

"Why am I a Jew and what Jew is that? Rabbi Sacks on himself"

Shabbat Morning Drasha

Unpublished correspondence from the Rabbi Sacks archives

Pre- Mincha Shiur

Foundational ideas in Sefer Bereshit from the works of Rabbi Sacks

Seudah Shlishit:

"Defending Jews and Advocating for the State of Israel:
What is the role of a Chief Rabbi"



בס"ד

WOMEN'S HEALTH & HALACHA DAY

Exploring contemporary health issues through a halachic lens with leading educators and medical professionals.

Sunday, November 1, 2026
9:00 AM - 1:45 PM

BAYT | 613 Clark Ave. W, Thornhill

Early Bird Price | \$36 | **Regular Price | \$45**

DEADLINE OCTOBER 25 | **AFTER OCTOBER 25**

Light lunch and refreshments provided

SPONSORED BY:

Sarena & David Koschitzky in memory of Mira Koschitzky ז"ל and Julia Koschitzky ז"ל

Marsba & Michael Lax in memory of Hania Sporer ז"ל and Lea Lax ז"ל



KEYNOTE ADDRESS

GLPI-RA: A NEW ERA IN WEIGHT LOSS MEDICATIONS

FOR FULL SCHEDULE AND DESCRIPTIONS VISIT [YOATZOT.CA/HEALTH](https://yoatzot.ca/health) OR SCAN THE QR CODE

For more information on sponsorship opportunities yoatzot.ca/healthdonate

TOPICS INCLUDE

How to Talk with Kids About Intimacy	Women's Cancers
Fertility & Egg Freezing	Know Your Normal: Understanding Your Body
Peri-Menopause & Menopause	Pelvic Health
Memory & Brain Health	Healthy Food Relationships

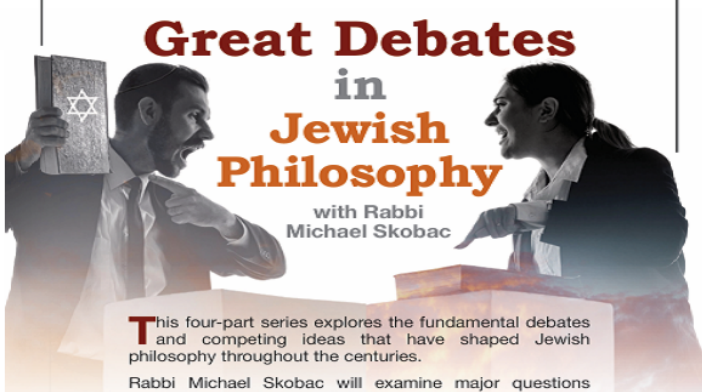


Partner Organizations



Great Debates in Jewish Philosophy

with Rabbi Michael Skobac



This four-part series explores the fundamental debates and competing ideas that have shaped Jewish philosophy throughout the centuries.

Rabbi Michael Skobac will examine major questions concerning God, faith, reason, revelation, morality, and the nature of Jewish belief, presenting the contrasting approaches of influential Jewish thinkers.

Participants will be challenged to consider how these enduring debates continue to speak to the difficulties and questions of Jewish life today.

Nov 05 • Faith vs. Reason:
What Is the Foundation of Judaism?

Nov 12 • Philosophy vs. Kabbalah:
Can God Be Understood?

Nov 19 • Free Will vs. Divine Providence:
Are We Really Free?

Nov 26 • Torah vs. Modernity:
Can Judaism Meet the Modern World?

Four Consecutive Thursdays • Nov 5 - 26 • 8:00 PM ET
Shaarei Shomayim Congregation, 470 Glencairn, Toronto
No Charge • Attend LIVE in-person or online via ZOOM
Registration is required at: jewsforjudaism.ca/debates26
For more info: 416-789-0020 or info@jewsforjudaism.ca

jewsforjudaism.ca

KEEPING JEWS JEWISH



PEACE OF MIND CANADA



Shabbat Luncheon

During the week of November 1-8, Shaarei Shomayim has the honour of hosting **Peace of Mind**, a unique program developed by the Israel Centre for the Treatment of Psycho-Trauma that provides therapy for discharged soldiers who are dealing with the aftermath of their combat experiences. We invite the community to participate and embrace the discharged soldiers by attending a very special Shabbat luncheon.

SAVE THE DATE:
SHABBAT NOVEMBER 7, 2026
AFTER SERVICES

VOLUNTEER IN ISRAEL

SHAAREI SHOMAYIM

Following October 7th, volunteers worldwide have united around a collective effort to fill gaps and provide support.

Volunteer in Israel is a unique 8-day opportunity for can-do travelers seeking to volunteer, reconnect, and renew together.

Shaarei Shomayim invites you to rally your support for the people of Israel, in the land of Israel, while the needs are greatest.

We are looking at two sets of dates for this trip:

- February 28 - March 8, 2027 **or**
- An eight day period between June 30 - July 12, 2027

ELIGIBILITY

You must be 18 years or older to participate.

COST

Program Fee: USD \$1,300
Subsidized Flight Fee: USD \$1,200

WHAT'S INCLUDED

- Volunteering Projects
- Local Medical Insurance
- Staff Escorts & Support
- Airport transfers for volunteers on the optional group flight
- Breakfast daily, Shabbat dinner & lunch, and select meals
- Volunteer in and visit the impacted border communities

THE EXPERIENCE

- Meaningful, hands-on volunteer opportunities
- Day trips to the Nova site and the Old City
- Forge deep connections with fellow volunteers
- Celebrating Shabbat in Jerusalem
- Free time to explore and visit your favourite spots!

Volunteering Trip

Led by:

Rabbi Sam Taylor
Jacob Rifkind

Email info@shomayim.org
for more info

UNVEILING

The unveiling for Beate Lowenberg ^{z"l} will take place on Sunday Oct. 11 at 1:00 pm at Mount Sinai Memorial Park – Pinkus Memorial Hall.

Yahrzeits

Shabbat, October 10	29 Tishrei		
Sunday, October 11	30 Tishrei	Harry Baker, Father of Estelle Tennen Harvey Joseph, Father of Melissa Joseph Meir Ruch, Father of Esther (Stella) Katz	Murray Bernard Spiegel, Father of Robert Spiegel Sam Kershen, Brother of Hal Kershen
Monday, October 12	1 Cheshvan	Bernard Klein, Brother of Eli Klein Ernest Herskovits, Father of Ecaterina Hollinger	Harold (Hainny) Offenheim, Father of Stephen Offenheim Jack E. Young, Father of Michael Young
Tuesday, October 13	2 Cheshvan	Eugene Feiger, Husband of Edith Feiger Githa Hart, Mother of Barbara Held	Rifka Shafizadeh Hakimi, Mother of Farrokh Hakimi Toni Franco, Mother of Viviane Massouda
Wednesday, October 14	3 Cheshvan		
Thursday, October 15	4 Cheshvan	Esther Chajle Felsen Brandys, Mother of Miriam Koval Manuel Berlove, Father of Leila Libman	David Katzman, Adopted Memory of Sol & Queenie Nayman
Friday, October 16	5 Cheshvan	Anthony David, Brother of Cris David	Percy Stern, Father of Lila Satok

Yahrzeits

Queenie & Sol Nayman in commemoration of the yahrzeit of their adopted memory, David Katzman ^{z"l}

Ecaterina & Allan Hollinger to the Rabbi's Charity Fund in commemoration of the yahrzeit of Ecaterina's father, Ernest Herskovits ^{z"l}

COMMUNITY MATTERS

October 13 | 12:30 pm: [CRISPR and the Future of Cures: Genetic Editing from Lab to Life](#)

Join Canadian Friends of Bar-Ilan University and Prof. Ayal Hendel for a webinar exploring how CRISPR technology can be used to correct disease-causing genes and its potential for treating genetic disorders. Register: tinyurl.com/2s4ekx9e

October 14 | 7:00 pm: [Search Out the Land Special Screening](#) The Toronto Zionist Council and Unapologetically Jewish present a special screening of Search Out the Land at Cineplex Empress Walk, 5095 Yonge Street. Proceeds will support businesses and synagogues affected by antisemitic violence.

October 14-28 | 8:00 pm: [Judaism and Christianity: At the Crossroads – Part 2](#) Join Rabbi Eli Cohen for a free Zoom series exploring key differences between Judaism and Christianity, including their approaches to Scripture, the Trinity, grace and the biblical role of the Nation of Israel. Each session features a pre-recorded lecture followed by a live Q&A. Registration is required at jewsforjudaism.ca/crossroads26b

October 14 | 7:30-9:30 pm: The Power of Small Conversations: Join the National Council of Jewish Women of Canada at the Leah Posluns Theatre for a panel discussion on the impact of antisemitism and hate in Canada, followed by small-group conversations about building a better, safer Canada.

Registrants are also invited to visit the Toronto Holocaust Museum free of charge before the event, beginning at 5:30 pm. Register: ncjwc.org

October 15 at 7:00 pm: Negev Nights 2026 Join YYZ-TLV and Shaare Zedek Medical Center for an evening of community, connection, and purpose supporting mental health care and trauma programs for young victims of terror in Israel. Tickets: shaarezedek.crowdchange.co/59523

October 18 | 8:00 pm: [Paint & Sip: A Woman's Night of Art, Wine & Connection](#): Join Shiloh Women and Mizrahi for an evening of art, wine and connection featuring artist Chava Kleinman, MSW, and insights from Rebbetzin Sari Pepper. The evening will take place at the Mizrahi Auerbach Family Beit Midrash, 70 North York Rd. Register by Oct 14: israelchildren.org/events

Research Study | Jewish Teachers in Canadian Public Schools: Researchers from Simon Fraser University, Laurentian University, the University of British Columbia and York University are [seeking Jewish teachers working in Canadian public K-12 schools to participate in a 15-20 minute survey](#) about Jewish identity and experiences of antisemitism in schools. Register: tinyurl.com/mvwj3ksf

REFUAH SHLEIMAH

Arieh ben Yuliana, Sarah Rivka bat Mazal Yehudit, Leah bat Gila, Bracha bat Malka, Peruma Shana bay Elka Rachel. Naftali ben Miriam. Yaakov Yerachmiel ben Meira, Ketel ben Miriam, Sarah Chana bat Chaya, David ben Chasya, Michael Baruch ben Yehudit, Aharon Tzvi ben Raizel, Aviva bat Shoshanah Raizel, David ben Freida, Ronit Leah bat Rivka, Tikva ben Shoshanah

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